

Manteno Community Resources

- **Kankakee County Health Department**
1115 Riverlane, Bradley, IL 60915 (815) 937-3565
Provides Family Case Management, Healthworks, Childbirth Education Classes, Babycare Classes, WIC Program, HIV/AIDS Case Management, Vector Program, Breastfeeding Helpline, Genetics Screening, Immunization Program, Child Health Clinic and KidCare Health Insurance

Counseling Resources:

- **Aunt Martha's**
355 N. Schuyler, Kankakee, IL 60901 (815) 937-0100
No-cost of sliding scale fees for individual and family counseling. 24 hour crisis intervention and runaway assistance
- **Olivet Nazarene University**
1 University Ave, Bourbonnais, IL 60914 (815) 939-5273
No-cost individual and family counseling provided by graduate students. Supervised by faculty and community agency staff members.
- **Helen Wheeler Center**
275 E. Court Street Suite 102, Kankakee, IL 60901 (815) 939-3542
Offer individual, family and group counseling and therapy to children, adolescents and adults. Offer screening, assessment and support services as well as crisis intervention and intensive home-based services.
- **KC-CASA**
1440 W Court Street, Kankakee, IL 60901 (815) 932-7273
Crisis Line: (815) 932-3322
Provides no-cost counseling to victims of abuse and their families.
- **Governor's State University Counseling Lab**
1 University Parkway, University Park, IL (708) 534-4545.
No-cost individual and family counseling provided by graduate students. Supervised by faculty and community agency staff members
- **Catholic Charities**
270 N. Schuyler, Kankakee, IL 60901 (815) 933-7791
Provide counseling services on a sliding fee scale.
- **Oakside Clinic**
1905 W. Court Street, Kankakee, IL 60901 (815) 933-2240
Offers individual, group and family counseling and therapy as well as training and education programs, testing and evaluation. Accepts patient pay or insurance.
- **Provena St. Mary's Behavioral Health Services**
21 Heritage Dr, Suite 102, Bourbonnais, IL 60914 (815) 937-8204
Individual and family therapy and counseling for adolescents and adults.

Schools:

Local schools can provide some smaller services, which may differ by school, and can provide referrals to outside agencies based on need. Contact the school's principal, assistant principal, school social worker or counselor.

- **Manteno Primary School:** (815) 928-7050
Principal: Joe Palicki
- **Manteno Elementary School:** (815) 928-7200
Principal: Roger Schnitzler; Assistant Principal: Scarlett Clark
- **Manteno Middle School:** (815) 928-7150
Principal: David Conrad; Dean of Students: Randy Fortin
- **Manteno High School:** (815) 928-7100
Principal: Paul Russert; Dean of Students: R.J. Haines

Emergency Assistance

Kankakee County Community Services, Inc.

657 East Court St. Suite 207, Kankakee, Illinois 60901 (815)933-7883

- The Low-Income Home Energy Assistance Program (LIHEAP): provides an offset to the high cost of heat-related utilities for low-income families; this program provides a one-time direct vendor payment on behalf of the client to the utility vendor(s). The assistance provided is repair, retrofit, or replacement with 48 hours from the date the application is complete.
 - Call number above to set up an emergency appointment. You will have to go in and fill out an application – you must bring social security cards, proof of any income in the last 30 days or proof of unemployment and current ComEd and Gas bills.
- Homeless and Near-Homeless Aid Program: offers crisis intervention and case management to families or individuals who are experiencing certain one-time emergencies including, but not limited to, natural disasters, fires, or code enforcement or court ordered evictions. Assistance may include temporary emergency shelter, transitional shelter, rental assistance and or referrals.

Catholic Charities of Kankakee, Ford and Iroquois Counties

270 N. Schuyler Avenue, Kankakee, Illinois 60901 (815) 933-7791

- Emergency Services/Homelessness Prevention: provides food and travel vouchers; clothing and furniture vouchers; financial assistance to prescriptions; and rent/mortgage assistance. Also provides information and referrals to other resources and agencies.

Illinois Department of Human Services – Public Aid

285 N. Schuyler Avenue, Kankakee, IL 60901 (815) 939-4544

Determines eligibility for food stamps, Medicaid, and TANF Program

United Way of Kankakee County

657 East Court Street, Kankakee, IL 60901 (815) 932-7476

Provide services ranging from emergency food and shelter to child care and more.

Utility Payments

Kankakee County Community Services, Inc.

657 East Court St. Suite 207, Kankakee, Illinois 60901 (815)933-7883

The LIHEAP program welcomes and encourages appointments before power or gas is shut off if you are concerned you may not be able to pay a future bill.

Housing Resources

Kankakee County Community Services, Inc.

657 East Court St. Suite 207, Kankakee, Illinois 60901 (815)933-7883

- The Affordable Housing Program: has several rental properties which it maintains for the benefit of low-income families in Kankakee County. Each family is assigned a staff person who works with them to make sure they are aware of services that are available and are given an opportunity to stabilize their family. Since the rent is based on the family income, they are able to pay rent that they can afford.
- Certified Renter Program: educates tenants on their rights and responsibilities as well as the rights and responsibilities of landlords. Those who are requesting rental assistance are enrolled in a one-day class to empower them with information to help them become better tenants. This program is designed to promote stability of the family unit and less transitioning from one place to another.
- Illinois Home Weatherization Assistance Program provides materials and labor to help make homes more safe, comfortable and energy efficient. Services include insulating attics and walls, repairing windows and doors, sealing cracks with weather-strip and caulking and furnace examinations. If necessary, we will clean and perform minor furnace repairs or if dangerous conditions are found to exist, we may replace the heating system. Eligibility for these services is determined by family size and household income.

Catholic Charities of Kankakee, Ford and Iroquois Counties

270 N. Schuyler Avenue, Kankakee, Illinois 60901 (815) 933-7791

- Daybreak Transitional Housing provides housing and supportive services to homeless families and their children while they work toward permanent housing and a quality of life that supports their needs.

Food Resources

Angel Food Ministries of Kankakee First Church of the Nazarene

1000 N Entrance Ave, Kankakee, Illinois 60901 (815) 933-1000

www.angelfoodministries.com

Place food orders and pick up subsidized food and meals to feed individuals and families. Can pick up food orders at Church or at 1st Choice Hearing Aid Center located at 263 N Convent Street, Suite 1, Bourbonnais, IL 60914. Church site accepts LINK Card (food stamps). Both sites accept cash or check payments.

Food Pantries:

- KCCSI: 657 E. Court St., Kankakee (815) 933-7883; Hours: W F 2:30-4:30

- Salvation Army: 148 N . Harrison, Kankakee (815) 932-1614; Hours: MTuWThF 9-5
- Manteno Food Pantry: 207 S. Main St. Manteno (815) 468-8779; Hours: 1st and 3rd Tues. 8-10am

Soup Kitchen:

- Salvation Army: 148 N . Harrison, Kankakee (815) 932-1614; Hours: 12:00 – 1:00 for Community

Food Stamps:

- Illinois Hunger Coalition Hotline: 1-800-359-2163 Mon-Fri 9am-5pm. Your family may qualify for FOOD STAMPS and/or HEALTH INSURANCE if your income is less than or equal to the amount listed below. To see which programs you might qualify for and to complete and submit an application for good stamps and/or KidCare/FamilyCare over the phone call the Illinois Hunger Coalition’s toll free Hunger Hotline (800) 359-2163

FOOD STAMPS			All Kids	Family Care
Household Size	Gross Monthly Income Limit	Maximum Benefits	Gross Monthly Income Limit	Gross Monthly Income Limit
1	\$1,062	\$154	No Income Limit	\$1475
2	\$1,430	\$281		\$1978
3	\$1,799	\$404		\$2481
4	\$2,167	\$512		\$2983
5	\$2,535	\$608		\$3486
6	\$2904	\$730		\$3988
7	\$3272	\$807		\$4491
8	\$3640	\$922		\$4993

Legal Resources

- **Prairie State Legal Services Pro Bono Program in Kankakee**
191 South Chicago Ave, Kankakee, IL 60901 (815) 935-2750
Call (800) 531-7057 (Hours: 9:05-11:45/ 1:00-4:00) to see if family qualifies. An actual attorney will answer and provide information. Services are income based (similar guidelines as free and reduced lunch) and provide any kind of legal counsel a family may need.

Health Resources

- **Kankakee Community Health Center**
1777 E Court Street (815) 928-6222
Puts families on a sliding fee scale based on family size and monthly income
- **Community Health Partnership**
122 East Washington Street, Momence, IL 60954 (815) 472-2181
Assists migrants and seasonal farm workers and their families in accessing health care. Qualified clients receive vouchers for doctor’s appointments and medications.